

# SALAH (PRAYER)

## WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL.

Salah is a great pillar of Deen-al-Islam -- the mainstay of conviction -- the exercise of humility -- the sublime act of obedience !

The following verses of Al-Quraan are worth noting :

"... And establish Salah for celebrating my praise." --- 20: 14

"... And establish regular salah: for salah restrains from shameful and unjust deeds; ..."

--- 29: 45

There are many Ahadith concerning Salah:

- 1) "Allah (S.W.T.) has no regard for a prayer in which the heart does not accompany the body."
- 2) "Salah is nothing but submissiveness and humility."
- 3) "If one's Salah does not keep one from indecency and mischief, one gains nothing but remoteness from Allah (S.W.T.)."
- 4) "A person gets credit only for that part of prayer which he / she is conscious of."

Surely, the above Quraanic verses and Ahadith prove that the fundamental elements of Salah are humility and awareness -- that merely going through the motions, i.e., in a state of heedlessness, has no value in the sight of our Rabb.

We pray for our Rabb's gracious help and guidance!

extracted from imam ghazali's 'inner dimensions of islamic worship'

### Worksheet

- 1) What is the purpose of Salah?

---

---

- 2) What are the fundamental elements of Salah?

---

---

- 3) State true or false --- sincere Salah ought to remove any sense of pride lurking within us.