

THE BENEFITS OF SALAH

WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL.

There are many benefits of Salah with respect to individual, social, economic, political and spiritual activities of human life.

We list a few of them:

- 1) Since Salah is a form of Dhikrullah, it can help keep the evil influence of Shaitan from the person observing it --- 43:36
- 2) Salah can bring with it inner peace and contentment --- 13: 28 & 20: 130 -131
- 3) Together with the reading and study of the Holy Quraan and spending in Allah (S.W.T.)'s cause, Salah can bring with it the blessings of good business and a great reward in the afterlife -- 35: 29
- 4) Sincere Salah can ensure our livelihood and deepen our love and care for each other --- 14: 37 / 20: 132
- 5) Seasoned with enjoining right, forbidding wrong and giving Zakah, Salah can ensure permanent leadership of the Ummah- 21: 23/ 22: 41 & 32:24
- 6) Coupled with serious reading of Al-Quraan, Salah can produce good and sincere leadership in the Ummah --- 17: 78 - 80

Worksheet

- 1) Why is it that many Muslims who observe Salah do not experience many, if not all of the above-mentioned benefits of prayer?

- 2) Having reflected on the Suras and verses mentioned in the lesson, would you say that a person is right when he/ she says, 'as long as I perform my Salah I don't want to get involved in this, that or the other ? Kindly offer a reason for you answer.
