

THE SKELETAL SYSTEM

WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL.

Allah (S.W.T.) created the skeletal system in a very unique way.

The following are the features of the skeletal system:

1. It forms a firm framework and supports soft tissues.
2. It protects vital organs such as the heart, the lungs and the brain.
3. It provides a place of attachment for our muscles.
4. Together with the muscles, the bones form a system of levers which make movement possible.
5. It provides a storehouse of minerals and the manufacture of blood cells.

The few details we have learnt about the human skeleton affirm what our Rabb has said in Sura al-Tin (ch. 95): verse 4:-

“We have indeed created man (humans) in the best of moulds.”

And in Sura Dhar (ch. 76): verse 28 we read:-

“It is we who created them, and we have made their joints (or frames) strong; ...”

In view of the great gift given by our Rabb by means of the skeletal system, should we not reflect and show gratitude by devoting our period of strength to the cause of Allah (S.W.T.)?

Remember, as the years pass us by, we become weaker, and we may then not have the necessary strength to serve Allah (S.W.T.) properly!

Worksheet

1) How can we show gratitude to our creator for the great gift of the skeletal system?

2) Name three functions of the skeletal system.
