

# **EXCESS / WASTE**

## **WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL**

We are reminded in Sura al - Isra ch. 17): verses 26 & 27:

*"And render to the kindred their due rights, as also to those in want, and to the wayfarer: but squander not (your wealth) in the manner of a spendthrift. Verily spendthrifts are brothers of the evil ones; and the evil one is to his Rabb (himself) ungrateful."*

And in Sura Ar'af (ch.7): verse 14 we read:

*"O children of Adam! Wear your beautiful apparel at every time and place of prayer: eat and drink: but waste not by excess, for Allah does not love the wasters."*

We should learn to spend money in the cause of Allah (S.W.T.).

Cleanliness and neatness is encouraged in Islam. However, we ought to guard against excessiveness in clothing - a Muslim cannot afford to become a slave of fashion!

We are also advised to eat of the good and wholesome foods, but excess and waste is shunned. We are to guard against excessive luxury --- remember, avoiding the wasteful life-style will teach us to share with others.

As a basic rule, we must understand that everything belongs to Allah (S.W.T.) - whatever he has given us must be used as he commands, because this will be good for our moral and spiritual development!

## **Worksheet**

1) Who are referred to as the brothers of the evil ones?

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2) Why should we follow the commandments of Allah (S.W.T.)?

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