

ENERGY

WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL.

Energy is explained as the ability to do work.

There are many sources of energy that our Rabb has given us to use.

In Sura Jathiya (ch. 45): verse 13 we read:-

“And he has subjected to you, as from him, all that is in the heavens and on earth: behold, in that are signs indeed for those who reflect.”

Amongst the gifts which Allah (S.W.T.) has given us are the minerals in the earth.

Some of the sources of energy are wood, coal, oil and gas.

Our bodies receive energy from the food we eat and the water which we drink.

It is our duty as Muslims to use this energy to serve our Rabb.

We must not waste it with useless talk or wasteful deeds.

Worksheet

1) How would you explain energy?

2) How should we use energy?

3) List three natural sources of energy that our Rabb has provided.
