

BALANCE IN HUMAN AFFAIRS

WITH THE NAME OF ALLAH, MOST GRACIOUS, MOST MERCIFUL.

Balance is not only required in nature for healthy living --- it is also essential for human affairs.

This balance should be striven for in the following dimensions of individual and collective life:-

A) Physical b) economical c) intellectual d) aesthetical
E) Political f) moral g) spiritual

Our beloved Nabie (S.A.W.) and his companions attained this stage in their lives.

The Noble Quraan says in Sura Al-Baqara (ch. 2): verse 143:-

“Thus have we made of you an Ummah justly balanced that you may be witnesses to humanity and the messenger a witness to yourselves.”

The only way to attain this level of human development is to follow the Holy Quraan and the prophetic manner!

Let us cite a few examples:

Food

Eat of the good things we have provided for you but commit no excess therein lest my anger should descend on you.”

--- Sura Ta-Ha (ch. 20): verse 81

And our Nabie (S.A.W.) said: - “kill not your hearts with excess of eating and drinking.”

Economics

“... In order that it (wealth) may not make a circuit between the wealthy among you. ...”

--- Sura Al-Hashr (ch. 59): verse 7

Our Nabie (S.A.W.) said: “Charity averts impending calamities.”

It is impossible for humanity to work out and attain this unique balance --- unique because it encompasses all the dimensions of human activity.

When this level of balance is attained, true justice will prevail!

We read in Sura Hadid (ch. 57): verse 25:-

"We have aforetime sent our messengers with clear signs and sent down with them the book and the balance (of right and wrong), that mankind may stand forth in justice."

Worksheet

- 1) Why is it extremely important to follow the Noble Quraan and the life-style of our beloved Nabie (S.A.W.)?

- 2) Charity helps to maintain economic balance. In which other way can it help?

- 3) Why is it important to consume good and wholesome food ?

- 4) What does the word aesthetic mean?

- 5) Human justice makes a mockery at fairness in this world. Explain how true justice can be realised.
